

"Bedar" Sports Event

Qatar Sports Day 2024

Date	Location	Time period
Tuesday, February 13, 2024	Barwa Sports Complex in Al Khor City	6:30 - 11:00am

Time	Session	Activities	Contents
6:30 to 7:00	Registration	Morning Walkathon	1000 meter walk (company workers)
7:00 to 8:00	Sports challenges	Kick Off of matches and challenges	18 Teams, 5 Challenges
7:00 to 7:30	Fitness exercises	Fitness Exercise Session	Exercises and warm-up with the sports coach
7:30 to 8:15	Awareness	workshops (Safety and health)	Awareness Tips (MOI & Partners)
	Morning period	Breakfast break	Healthy breakfast for workers

7:00 to 8:15	Playgrounds Area	Football Championship	12 sports teams compete to win first and second place
		Volleyball Championship	4 sports teams compete to win first and second place
		Basketball Championship	4 sports teams compete to win first and second place
		Tug of war Competition	15 teams compete to win first and second place
		Push-up Competition	15 players compete to win first and second place

8:15 to 8:45	Official Opening	Ras Laffan Community Outreach program	Organizers and partners
		Awareness Ambassadors	Giving medals to Companies awareness ambassadors
		Launching Awareness Campaigns	The first awareness messages will be sent via WhatsApp groups to companies, in coordination with awareness ambassadors
	Honoring Ceremony	Awarding the winning teams	Giving trophies, gold and silver medals to the winning teams

8:45 to 11:00	Entertaining time	Individual games, interviews, entertainment, competitions, questionnaires
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One of the activities of the “Badar” initiative for community outreach with workers, It aims to involve workers in community and national events, In order to enhance awareness of security, safety, health and local culture guidelines among company workers in the northern regions.

www.bedarinitiative.org